Thank you for using the Golf Metronome - Tour Edition
Powering your most consistent stroke yet!

GOLF METRONOM
Visit eyelinegolf.com for product info and training videos

USER MANUAL
Included in the Package:
(1) Metronome
(1) CR2032 Battery
(1) Quick Start Guide

Key Features:
- Adjustable tempo
- Clip design. Easy to clip on your shirt or hat.
- Stereo earphone jack
- Tap function enables you to find your personal tempo to build a consistent stroke (putting only).
- Adjustable volume

Product Controls:

(1) Operation panel and instruction

(2) Display screen and instruction

(A) Metronome mode
(B) TAP mode

Quick Start - How to Use:
1. Install (or replace) battery (See pic 3)
2. Press “On/Off” button to turn on/off the metronome. (See pic 1)
   Note: The default mode is “Metronome”. The metronome will turn off automatically after 3 minutes if not in use.
3. Control Settings: (See pic 1)
   - Press “Select” button to go between TEMPO & VOLUME. Each item will flash when selected.
   - After the item is selected, pressing “▲” or “▼” buttons will scroll up or down to adjust the desired value.
4. Press “Play” button to start or pause the audio of the metronome. The LED will flash in tempo with the sound. (See pic 1)

Use the TAP FUNCTION to Find Your Putting Tempo:
1. Press and hold “Play” button to activate TAP Mode.
2. Make continuous back and through strokes like a grandfather clock.
3. Press the TAP button every time you’re at the end of your back stroke and at the end of your forward stroke repeatedly for five strokes until you find your natural tempo.
4. Press and hold “Play” to set this new pace and use your custom tempo.

Plug headphones in for second listening option, the speaker will mute. (See pic 1)

Begin Your Practice Session:
1. Turn metronome ON and set metronome to 75 BPM for putting or 45 BPM for full swing.
2. Press PLAY and clip metronome to shirt or cap (optional: use headphones).
3. Take 10 or more practice strokes/swings until you are in rhythm with the metronome.
4. Make your putt/swing in rhythm.
5. Repeat steps 3 & 4. This will help you create a rock solid routine.

Tech Specs:
- Tempo: 30 to 280 bpm
- Volume Levels: Maximum, Medium, Minimum, Mute
- Battery Type: 3V Coin Cell Battery CR2032

Caution:
1. Do not use or keep at high temperature or humid places.
2. Make sure the battery is inserted on the correct side. (See pic 3)
   Change the battery if characters on the screen appear too dark or faint. (See pic 3)